

Contacting Spiritual Health

24/7 Spiritual Care is available at the following sites:

- Royal Jubilee Hospital*
Spiritual Health Office: 250-370-8207
- Victoria General Hospital*
Spiritual Health Office: 250-727-4278
- Saanich Peninsula Hospital*
Spiritual Health Office: 250-544-7676
ext. 23322
- Cowichan District Hospital*
Spiritual Health Office: 250-709-3000
ext. 44289
- Nanaimo Regional General Hospital*
Spiritual Health Office: 250-755-7691
ext. 54022
- West Coast General Hospital
Spiritual Health Contact: 250-732-1370

***A sacred space for meditation, prayer, spiritual and religious gatherings is available at these sites.**



For more information on Island Health Spiritual Care services, visit:

viha.ca/spiritual_care

C·A·R·E

Courage Aspire Respect Empathy

SPIRITUAL CARE



viha.ca/spiritual_care



What is Spiritual Care?

When we are ill, we suffer physically, emotionally, and spiritually. We may question life's meaning and purpose and ask,

- *Why is this happening?*
- *What am I going to do?*
- *How will this affect me and my family?*

Spiritual Care involves helping individuals and families to address these kinds of questions.

Who provides Spiritual Care?

Spiritual Health Practitioners (SHPs) are part of the health care team and specialize in providing spiritual care to patients, family members and hospital staff.

What does a Spiritual Health Practitioner do?

A Spiritual Health Practitioner:

- has compassion for what you are going through
- listens
- respects your culture, traditions and beliefs
- doesn't judge you
- offers words of encouragement, comfort, and hope
- keeps what you say confidential
- will pray with you and for you, if you ask
- can help connect you with your faith community

Whom do SHPs serve?

Island Health Spiritual Health Practitioners (SHPs) offer spiritual care to patients, family members and hospital staff. A visit from an SHP can be requested at any time.

SHPs abide by Island Health's confidentiality policies.

SHPs serve people of all faiths, as well as people who do not have a religious affiliation.